

**Velocity Sports Performance™**



**Football Skills and Drills**  
Sundays, starting January 18th

**Grades 5 - 7**  
11:00AM – 12:15PM

**Grades 8 - 12**  
12:30PM – 1:45PM

## **VELOCITY FOOTBALL ACADEMY**

Welcome to the 1<sup>st</sup> season of the Velocity Football Academy, an off-season training program for football players. **NFL Veteran Bucky Brooks along with some of Southern California's top High School Football Coaches**, as well as college and former NFL players, will be coaching skills and technique in small group settings. You don't want to miss out!

**Football Coaching Director: Bucky Brooks**, graduated from the University of North Carolina-Chapel Hill with a degree in Communications. Selected as the 48th overall pick in the 1994 NFL Draft by the Buffalo Bills, Bucky played five years in the NFL before embarking on a successful seven year stint as a front office executive for the Seattle Seahawks and Carolina Panthers. He currently shares his football knowledge through his weekly articles on SI.com, regular appearances on the NFL Channel on Sirius Radio and the NFL Network's "College Football Now!"

### **Offense and Defense rotates every other Sunday**

Package A

**(Offense)**

Jan. 18<sup>th</sup>

Feb. 1<sup>st</sup>

Feb. 15<sup>th</sup>

Mar. 1<sup>st</sup>

Package B

**(Defense)**

Jan. 25<sup>th</sup>

Feb. 8<sup>th</sup>

Feb. 22<sup>nd</sup>

Mar. 8<sup>th</sup>

Package C

**(Offense)**

Mar. 15<sup>th</sup>

Mar. 29<sup>th</sup>

Apr. 19<sup>th</sup>

May 3<sup>rd</sup>

Package D

**(Defense)**

Mar. 22<sup>nd</sup>

Apr. 12<sup>th</sup>

Apr. 26<sup>th</sup>

May 10<sup>th</sup>

**Youth (grades 5-7) Pricing:**

Purchase 1 or more Packages for \$125 each

\*select Offense or Defense on reg. form

**High School (Grades 8-12) Pricing:**

Purchase 1 or more Packages for \$150 each

\*select position(s) on reg. form (groups are position specific)

To Register: Call, Mail or Fax to:

25461 Rye Canyon Rd. | Santa Clarita, CA 91355 | 661.294.4000

[www.velocitysp.com/scv](http://www.velocitysp.com/scv)