



FOOTBALL SKILLS & SPEED CAMP

You can't become a better football player by just playing more football. You need to improve your overall athleticism and skills. The Velocity Sports Performance Football Skills & Speed Camp will focus on:

- Developing explosive Power
- Increasing your Speed
- Improving agility on the field
- Reducing the likelihood of injury

This camp features both football skill instruction and Velocity Sports Performance's training to improve their speed and agility, develop explosive power and reduce their likelihood of injury. Players will work with college & high school coaches as well as NFL Veterans to develop football fundamentals. The camp will also focus on mental aspects of the game with motivational talks that provide important mental skills training. Train with our degreed and certified coaches and take your game to the next level. Here is a list of a few of the NFL / College Players who have trained with us:

Jamaal Charles, RB, Kansas City Chiefs
 Clay Matthews, OLB, Green Bay Packers
 Mark Sanchez, QB, New York Jets
 BJ Raji, DT, Green Bay Packers
 DeAndra Cobb, RB, Hamilton Ti-Cats

Chad Henne, QB, Miami Dolphins
 Keith Rivers, LB, Cincinnati Bengals
 John Carlson, TE, Seattle Seahawks
 Eric Wood, C, Buffalo Bills
 Donald Brown, RB, Indianapolis Colts

Trevor Laws, DT, Philadelphia Eagles
 Brian Brohm, QB, Green Bay Packers
 John Sullivan, C, Minnesota Vikings
 Thomas Howard, LB, Oakland Raiders
 Alex Parsons, OL, USC



Date: June 20th – 23rd
Time: 9:00 am-12:00 pm
Location: Saugus High School
AGES: 8-14 yrs old
COST: \$149



*Saugus High School is located at:
 21900 Centurion Way
 Saugus, CA 91350*

Online Registration Now Available!

- 1. Visit: www.velocitysp.com/scv**
- 2. Click: Programs > Upcoming Camps and Clinics**